

Mental Health is Important ...

Mental health is important at every age and it affects all aspects of our daily lives: how we see ourselves, handle stress, relate to other people and make decisions.

Many people have mental health disorders that interfere with their ability to lead a productive life. Left untreated, adults may have trouble maintaining a job or relationships with family and friends. For children, mental health disorders may result in problems at school, family conflicts, drug abuse, violence and even suicide.

These disorders are complex. Childhood disorders result primarily from causes such as genetics, chemical imbalances in the body or damage to the central nervous system. Environment may also put a child at risk.



... and Mental Health Disorders Are More Common Than You May Realize

If you or someone you love is suffering from a mental health disorder, you are not alone. According to the National Institutes on Mental Health, approximately one in five adults over 18 suffers from a diagnosable mental disorder in any given year. Studies also show that at least one in five children and adolescents have a mental health disorder.



The good news is that these disorders can be treated. That's where Tucker Pavilion can help. We provide a full range of inpatient and outpatient behavioral health services for adults and children, and are conveniently located on the campus of CJW Medical Center at Chippenham. We have been taking care of Richmond-area families for almost a century so you rest assured you'll be in good hands.

Inpatient Services

Tucker Pavilion also offers inpatient programs for people of all ages. Patients receive treatment with others of similar age and mental health needs.

Gero-Psychiatric Services

Patients admitted to the Gero-Psychiatric Services are usually over age 65 and have psychiatric needs that generally co-exist with age-related medical problems. The program promotes optimum independence and self-care in an environment suited to patients' physical and mental conditions.

Behavioral Health Intensive Care Services

Inpatient Intensive Care Services provides treatment for adults and adolescents who are severely impaired or at

risk of harming themselves or others. Patient safety is our number one priority and we have a variety of interventions and monitoring systems in place. Our goal is to move patients through the continuum of care based on their individual needs.

Adult Psychiatric Services

This program provides inpatient psychiatric treatment for adults 18 and older who have affective and thought disorders that meet inpatient criteria. Patients are cared for in a closely monitored environment and we individualize treatment programs to meet each patient's specific needs, including structured therapeutic groups and activities.

Child and Adolescent Psychiatric Services

The Child and Adolescent Psychiatric Services at Tucker Pavilion are geared for those who are 5 to 11, and 12 to 17, respectively. There are separate programs for each age group, and treatment plans for every patient include group activities. We consider family involvement critical for a child's optimal recovery.

Adult Detox and Introduction to Rehab Services

We treat adults 18 or older who have been diagnosed with alcohol or drug abuse or dependency. These patients have been assessed to be at risk for withdrawal and require 24-hour medical care, and who have a co-existing psychiatric or medical disorder.

If You Need Help

Call our 24-hour Intake Assessment and Referral Line at (804)323-8846 for more information from a trained, professional clinician. We will conduct an evaluation, discuss treatment options and make referrals for a wide range of specific problems including substance abuse, anxiety or mood disorders.

About Tucker Pavilion

Mental health and physical health go hand-in-hand. Because we are located on the campus of a hospital, we can offer our patients a unique blend of psychiatric and medical support services — all under one roof. Tucker Pavilion is a 113-bed facility that provides mental health care in a friendly, safe, and caring environment.

Our Team

Tucker Pavilion's mental health team includes psychiatrists, nurses, therapists, mental health and therapeutic recreation specialists. Together these professionals develop progressive mental health programs tailored to each patient's age and specific need.



Tucker Pavilion at Chippenham

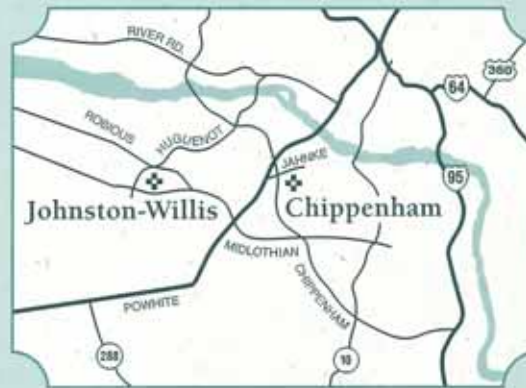
CJW Medical Center
Chippenham Campus
7101 Jahnke Road, Richmond, VA 23225

Main Phone: (804)320-3911
or (804)323-8846

**24-hour Intake Assessment and
Referral Line:** (804)323-8846

Call for a full list of times and dates
for therapy and support group meetings.

www.cjwmedical.com




CJW Medical Center
Chippenham & Johnston-Willis

CJW is a two-campus medical center. With the resources and expertise of our Chippenham and Johnston-Willis campuses, CJW is able to provide a combination of clinical services, technology, and outcomes that are unsurpassed in the region. There is a difference between hospitals. Choose wisely.

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Tucker Pavilion: Another Look at Mental Health




CJW Medical Center
Tucker Pavilion at Chippenham