

## St. Francis Medical Center, General Services Brochure

### Good Help to Those in Need

Today, more than ever, health care consumers are educated and well informed. Patients have *choices* when selecting a hospital or physician to care for their families.

With that in mind, Bon Secours has transformed the medical landscape in Chesterfield County [or south of the James River] with the opening of the St. Francis Medical Center, an award-winning hospital that provides technologically advanced medical care in a comfortable and restorative environment.

[Photo caption or pullout] St. Francis Medical Center, which opened in 2005, affirms Bon Secours' mission and commitment to provide compassionate, quality healthcare services to those in need, including the poor and dying, for the purpose of alleviating human suffering and bringing people to wholeness in the midst of pain and loss.

The 130-bed hospital is at the hub of a comprehensive campus that includes medical office buildings, a childcare center for employees, a family practice center, and numerous Centers of Excellence, such as the Bon Secours Cancer Institute.

St. Francis Medical Center is one of four hospitals in the Bon Secours Richmond Healthcare System. Bon Secours' tradition of compassionate care dates back to 1824, when 12 women came together to form the congregation of the Sisters of Bon Secours (French for "good help").

In 1881, Bon Secours establish a health care ministry in Baltimore, Maryland. Almost two decades later, the Sisters of Bon Secours created the world's first recorded formal home health care service and day care facility. This day care supported working mothers whose only other alternative was to place their children in orphanages. In 1983, The Bon Secours Health System was formed to provide skilled, unified management and professional resources for all Bon Secours health care operations.

[Alternatively, list these as bullets as graphical element or pullout] Bon Secours Richmond Healthcare System has been recognized repeatedly for excellence. It's been ranked among the **Top 25 of 100** integrated health systems by Verispan, and in 2007, was recognized as the **Best Employer for Workers Over 50** by the AARP (for the fifth consecutive year) and was again named to the **Working Mother 100 Best Family-Friendly Companies** list.

### Centers of Excellence

St. Francis Medical Center has assembled sophisticated medical diagnostic and treatment services and skilled, caring healthcare professionals together on a single campus. We've invested in 21<sup>st</sup> century technology, such as digital imaging and advanced surgical techniques. At the same time, we've created a nurturing, peaceful environment. Throughout the campus, you'll find prayer gardens, walking paths and water fountains—quiet, healing sanctuaries for patients and their families.

When you are unexpectedly faced with a challenging illness or injury, you don't have time to evaluate medical facilities and search for the right physician. You need to *know* there's someplace where you will receive expert care and find medical specialists on hand for *your* particular health issue.

There is such a place: the Centers of Excellence at St. Francis Medical Center.

## **Cardiac care**

Heart disease is a serious health issue. At St. Francis, our goal is to help people *prevent* heart problems before they begin. However, when heart disease develops, we are prepared with the most medically advanced cardiac diagnostic and treatment options available.

## **Emergency services**

No one likes to contemplate the possibility of a medical emergency. Knowing the expert emergency department at St. Francis is only minutes away and staffed with Board Certified Emergency Medical Physicians should, however, put your mind at ease.

## **Women's Health & Neonatal Intensive Care Unit**

St. Francis Medical Center cares for women through every stage of life, providing complete obstetrical and gynecological diagnostic and treatment services. In fact, St. Francis Medical Center was the first to bring digital mammography to central Virginia.

At St. Francis, babies are a big deal. We provide comfortable and private birthing suites to accommodate the whole family. And while we hope every baby gets off to a healthy start, isn't it good to know that if *your* baby requires special medical care, it's all right there: advanced neonatal equipment and technology, and round-the-clock nursing care. St. Francis is also the first hospital in Virginia, and among the first in the country, to offer BonSecoursNICU.net, a trademarked communication technology that allows new parents to monitor their baby from their hospital room or home. Now that's peace of mind!

As a member of the Bon Secours Richmond Health System, we offer new parents a wealth of resources and pre- and post-pregnancy classes.

## **General surgery**

Our surgical specialists operate in what we proudly call our Operating Rooms of the Future. Surgeons are surrounded by the latest medical technology, which allows them to perform even the most difficult surgeries, and the surgical center includes space to give patients more time in recovery.

## **Imaging**

Today's imaging technologies are less invasive, yet help physicians make increasingly accurate diagnoses and provide focused treatment options that yield better outcomes. St. Francis' imaging capabilities include PET, CT, MRI and DEXA. While the acronyms may sound like alphabet soup, these abbreviations represent the most current imaging technology available.

## **Orthopedics & Sports Medicine**

The goal of the orthopedic department is to quickly return you to the best possible quality of life after an injury or illness. The St. Francis orthopedic team of surgeons, nurses and rehabilitation therapists perform joint replacement and sports medicine surgical care. Coming soon: look for our expanded sports medicine program.

## **Bon Secours Cancer Institute at St. Francis**

A diagnosis of cancer can be terrifying for patients and their families. The Cancer Institute at St. Francis offers patients the best possible outcome by combining sophisticated diagnostic tools, minimally invasive medical and surgical oncology procedures, customized treatment options, and extensive educational resources—all in a 60,000 square-foot center dedicated solely to cancer care.

### **There's more**

The natural setting of the St. Francis Medical Center campus spills over into the **Family Care Center**, where (almost) life-sized jungle animals greet children at the door. The proximity of the Center, which provides childcare and programs for children from birth through age 12, comforts parents who work on campus.

The **Medical Office Building** houses specialty physician groups and outpatient surgery centers, including **Family Practice Associates**, a well-established family practice in Richmond. Patients appreciate the accessibility of the campus and the proximity of the physician offices to the hospital. St. Francis will soon add another 100,000 square-foot medical office building.

We refer patients who require physical rehabilitation after a stroke or injury to the **Sheltering Arms Rehabilitation Center**, also conveniently located on campus. Sheltering Arms offers comprehensive in- and outpatient rehabilitation services and treats individuals who have suffered workplace injuries.